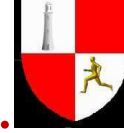




**...Hoad Hill Harriers...**



**... SUMMER 10k & 1mile Fun Run ...**

**Wednesday 22<sup>nd</sup> August 2018**

...PERMIT tbc...

...

**Fun Run start 7.00pm      10k start 7.30 pm**

**Glaxo Sports Club, North Lonsdale Rd, Ulverston Cumbria LA129DR**

...

**Prizes for 1<sup>st</sup> 5 in male, female and all vet categories.**

**Team prizes 1<sup>st</sup> 3 count (club vests must be worn)**

**Medals for all finishers, Medals to all fun runners.**

...

**Postal Entries; Ulverston Summer 10k, Glaxo Sports Club, North Lonsdale Rd, Ulverston Cumbria LA129DR**

**Closing date Wednesday 1<sup>st</sup> August**

**Online entries available; [www.ukroadraces.info](http://www.ukroadraces.info) and [www.hoadhillharriers.co.uk](http://www.hoadhillharriers.co.uk)**

**Entries on the day from 6pm in the sports hall.**

**£8 EA CLUB RUNNERS £10 Non EA CLUB RUNNERS**

*10k minimum age 15*

*£2 FUN RUN*

***Fun run under the age of 8 must be accompanied by an adult***

***Parking on site, changing, toilet facilities and refreshments.***

**Sponsored by;**

**Pete Bland Sports, GSK, Steve Martin Associates and Coniston Outdoors.**



**...Glaxo Hoad Hill Harriers...**



**.....10k entry form.....**



NAME ..... DOB ..... AGE.....

ADDRESS .....

PHONE ..... MALE/FEMALE .....

ENGLAND ATHLETICS REG. NUMBER .....

REGISTERED CLUB .....

**I agree by entering this race that I am over 15 years old (10k) and that I am medically fit to run and shall ensure my personal safety and of my fellow competitors and road users. I agree that the organisers are not responsible for my safety.**

"You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category."

SIGNED ..... DATE .....