

## 2019 Club Series Championship

### Current Championship Race List

- 12<sup>th</sup> January – Mid Lancs Cross Country, Towneley Park, Burnley - Complete
- 19<sup>th</sup> January – Millom Parkrun (5K) - Complete
- 9<sup>th</sup> February - Mid Lancs Cross Country, Leigh Sports Village - Complete
- 23<sup>rd</sup> February – Ford Parkrun, Ulverston (5K) - Complete
- 2<sup>nd</sup> March – Mid Lancs Cross Country, Cuerden Valley Park - Complete
- 9<sup>th</sup> March – Dentdale Run (14.2m & 7.9m) - Complete
- 16<sup>th</sup> March – Cartmel Lakeland Trails (5K, 10K & 18K) - Complete
- 30<sup>th</sup> March – Coniston 14 - Complete
- 14<sup>th</sup> April - Lancaster 3 Bridges 10K - Complete
- 27<sup>th</sup> April - Wray Scarecrow 10K - Complete
- 3<sup>rd</sup> May - Dalton Charter 10K - Complete
- 8<sup>th</sup> May – Kendal 10K - Complete
- 19<sup>th</sup> May - Windermere Marathon - Complete
- 29<sup>th</sup> May - Levens 10K - Complete
- 2<sup>nd</sup> June - Coniston Lakeland Trails Marathon & Half Marathon - Complete
- 19<sup>th</sup> June - Hawkshead 10K - Complete
- 29<sup>th</sup> June - Barrow Parkrun (5K) - Complete
- 7<sup>th</sup> July - Bentham Beagles Bash 10K - Complete
- 10<sup>th</sup> July - Endmoor 10K - Complete
- 17<sup>th</sup> July - Lancaster 10K - Complete
- 28<sup>th</sup> July - Caldervale 10m - Complete
- 4<sup>th</sup> August - Riverside (Lancaster) 10m - Complete
- 10<sup>th</sup> August - Tri-Island Roa Island Ruckus (Summer Saunter series) - 5K, 10K, 1/2m & marathon - Complete
- 24<sup>th</sup> August - Pilling 10K
- 1<sup>st</sup> September - Golden Ball 10m & 20m (Lancaster)
- 15<sup>th</sup> September - Lancaster Castle 10K
- 6<sup>th</sup> October - Barrow 10K
- 19<sup>th</sup> October - Langdale marathon and half marathon
- 2<sup>nd</sup> November - Allithwaite 8
- 10<sup>th</sup> November - Windmill Remembrance Day 10K (Lytham)

*The following HHH organised races will qualify for 5 points for marshalling, but no running points:*

- 4<sup>th</sup> July – Hoad Fell Race - Complete
- 21<sup>st</sup> August - Summer 10K road race
- 4<sup>th</sup> September – Charter 5K Road Race
- 28<sup>th</sup> September – Mid Lancs Cross Country