

Hoad Hill Harriers Annual Fell Race has a new venue over the club's namesake Hoad Monument.

Junior and senior races commence at the base of Hoad Monument, by Ford Park.

Fell runners are invited to set our first records for 2 courses on the evening of Thursday 4th July 2019

Kit requirements: full kit required, Hoad can be quite exposed and slopes can become very slippery if wet. Fell shoes are advised.

Please note that no toilets are available onsite, the nearest in Ulverston is approximately 5 minutes' walk away. Parking in and near the entrance to Ford Park is on public roads. Ulverston town car parks are 5 minutes' walk away.

This new annual fell race is replacing the Flan Fell race in previous years, due to the deterioration of some of the course and HHH look forward to setting some good challenging times for future races.

Age categories junior minimum age 9 on the 31st December 2018

Parental permission is required for all under 18's.

NEW 2019 COURSES

We have kindly been given permission to use the adjoining fell side heading toward Newland this year to extend our fell race for seniors to 3 undulating miles.

Junior Fell Race

7.00pm

£2

Min age 9

1.04 miles-1.7k 81m gain

Senior Fell Race

7.30pm

£3

Min age 14

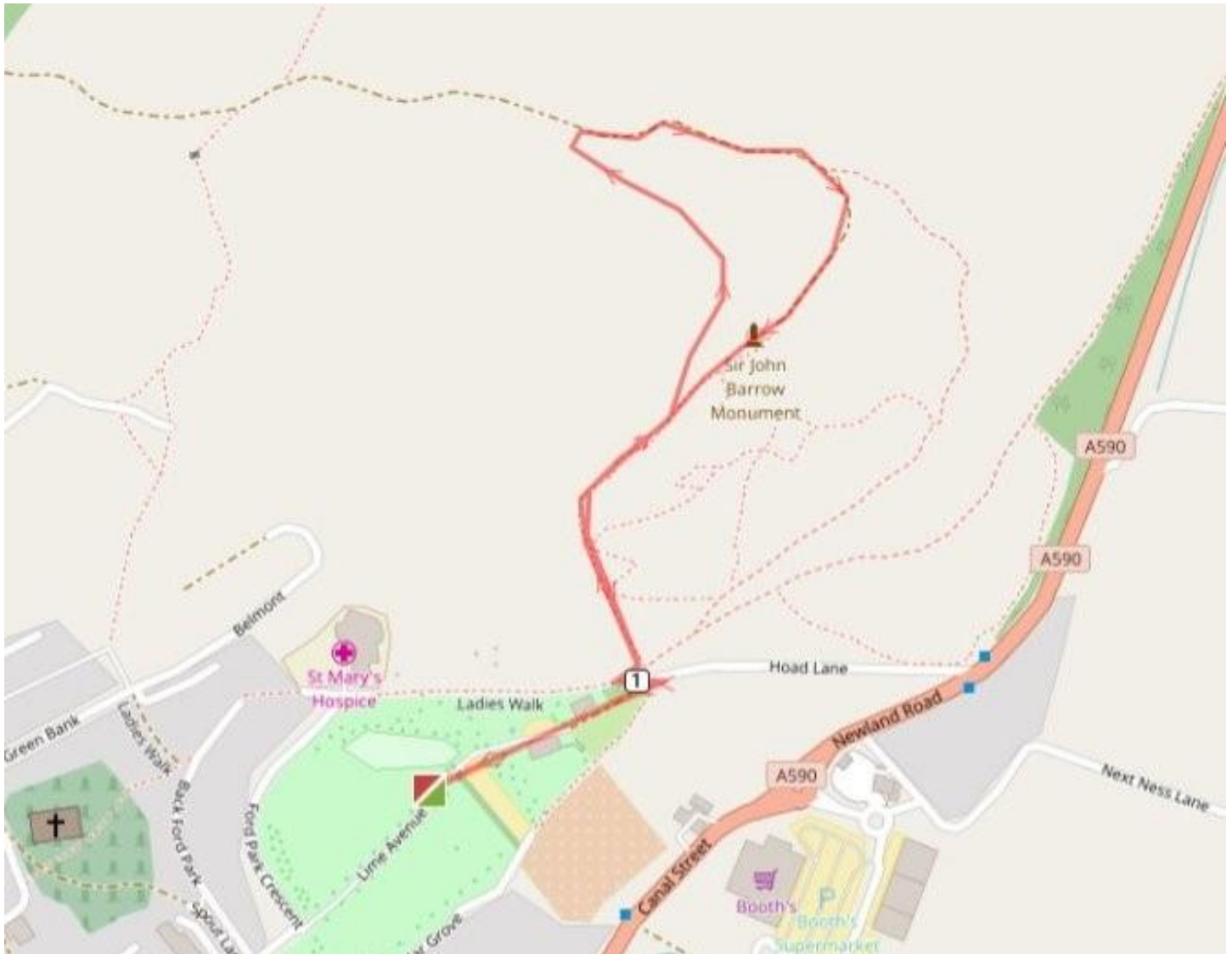
3 miles-4.4k 198m gain

Licensed by the FRA under UKA rules

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Kit requirements will be displayed on the day

JUNIOR RACE MAP



SENIOR FELL RACE

