

Hoad Hill Harriers Monument 5k Road Race Results 13 Sep 2023

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex	Course Record
1	00:15:44	936	Wall	Matthew	Leven Valley AC		M	CR SEN
2	00:15:50	195	Dean	Daniel	Sedbergh SRC		M	
3	00:15:55	958	Stainton	Harry	Leven Valley AC		M	
4	00:15:58	790	McNally	Will	Leven Valley AC	U18	M	CR U18
5	00:16:00	997	Campbell	Ross	Barrow & Furness Striders AC		M	
6	00:16:03	786	Turner	Joseph	Walney Wind Cheetahs	U18	M	
7	00:16:08	923	Smith	Rod	Kendal AAC		M	
8	00:16:17	789	Hartley	Josh	Hoad hill Harriers		M	
9	00:16:19	933	Turner	Luke	Glaxo Hoad Hill Harriers		M	
10	00:16:25	921	Short	Robert	Bolton Harriers		M	
11	00:16:29	174	Allan	Evan			M	
12	00:16:32	957	Hazelhurst	Max	Leven Valley AC	U18	M	
13	00:16:42	888	Jeffrey	Charlie	Glaxo Hoad Hill Harriers		M	
14	00:16:50	953	Todd	Josh		U18	M	
15	00:16:51	982	White	Nathan	Glaxo Hoad Hill Harriers		M	
16	00:16:53	896	Llotd	Gavin	Black Combe Runners		M	
17	00:16:54	924	Smith	Fred			M	
18	00:16:55	915	Robinson	Jack	Ambleside AC		M	
19	00:17:13	954	Todd	Alfie	Kendal AAC	U18	M	
20	00:17:14	177	Berry	Hugo	Sedbergh SRC	U18	M	
21	00:17:30	799	Oldham	Oliver	Leven Valley AC	U18	M	
22	00:17:34	822	Coward	Darren	Glaxo Hoad Hill Harriers		M	
23	00:17:35	959	Taylor	Catherine	Black Combe Runners		F	
24	00:17:38	940	Wells	Richard	Sedbergh SRC	V50	M	CR MV50
25	00:17:41	913	Richardson	Phil			M	
26	00:17:42	952	Todd	Joe	Kendal AC	V45	M	
27	00:17:46	897	Martin	George	Sedbergh SRC	U18	M	
28	00:17:52	182	Boyle	Penelope	Leven Valley AC	U18	F	
29	00:18:00	816	Furness	Ethan			M	
30	00:18:01	814	Moore	Sam	Millom Striders RC		M	
31	00:18:08	984	Wilson	Ollie	Leven Valley AC	U18	M	
32	00:18:10	972	Evason	John		V40	M	
33	00:18:14	801	Brown	Laura	Leven Valley AC		F	
34	00:18:18	196	Degroote	Joe	Sedbergh SRC	U18	M	
35	00:18:22	802	Postcethwaite	Steven			M	
36	00:18:27	793	Whelan	Amy	Glaxo Hoad Hill Harriers		F	
37	00:18:36	868	Fielding	Bruno	Sedbergh SRC	U18	M	
38	00:18:37	815	Bell	Dan	Ambleside AC		M	
39	00:18:39	882	Hopley	Peter	Glaxo Hoad Hill Harriers	V55	M	CR MV55
40	00:18:40	884	Horsley	Joe		V40	M	
41	00:18:42	986	Sadler	Ian	Walney Wind Cheetahs	V55	M	
42	00:18:47	956	Rennie	Rebecca			F	
43	00:18:49	907	Percival	Katie	Ambleside AC		F	
44	00:18:56	973	Scott	Riley	Leven Valley AC	U18	M	
45	00:19:00	806	Maggio-Poyntz	Antonio	Walney Wind Cheetahs	U18	M	
46	00:19:02	951	Haddow	Ronnie	Furness Fell Runners	V50	M	
47	00:19:04	892	Jones	Sarah	Walney Wind Cheetahs		F	
48	00:19:11	861	Dugdale	Paul		V55	M	
49	00:19:11	995	Southward	Tom	Glaxo Hoad Hill Harriers	V40	M	
50	00:19:14	183	Bremner	Scott	Glaxo Hoad Hill Harriers		M	
51	00:19:15	820	McSweeney	darren	Walney Wind Cheetahs	V55	M	
52	00:19:19	179	Bland	Joel			M	
53	00:19:20	991	Cordukes	Beth	Sedbergh SRC		F	
54	00:19:20	812	Macdonald	Thomas			M	
55	00:19:29	903	Moyle	Sasha	Sedbergh SRC	U18	M	
56	00:19:30	948	Lamb	Ken	Glaxo Hoad Hill Harriers	V60	M	
57	00:19:31	874	Haywood	Joseph	Sedbergh SRC	U18	M	
58	00:19:32	967	Strickleland	Graham	Black Combe Runners	V45	M	

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59	00:19:33	906	Patchett	Henry	Sedbergh SRC	U18	M	
60	00:19:37	867	Fielding	Julia	Sedbergh SRC	U18	F	
61	00:19:39	975	Scott	Oliver	Leven Valley AC	U18	M	
62	00:19:41	918	Sanosi	Alfie	Sedbergh SRC	U18	M	
63	00:19:50	968	Park	Ben	Ulverston Tri Club	V45	M	
64	00:19:54	866	Fielding	Daisy	Sedbergh SRC	U18	F	
65	00:19:57	797	Oldham	Sam	Leven Valley AC	U18	M	
66	00:19:58	985	Norman	Mark		V40	M	
67	00:19:59	181	Boulter	Glenn	Glaxo Hoad Hill Harriers	V40	M	
68	00:20:08	987	Managh	Paul	Walney Wind Cheetahs	V45	M	
69	00:20:10	795	Rycroft	Emily	Sedbergh SRC	U18	F	
70	00:20:17	811	King	Isaac	Black Combe Runners		M	
71	00:20:24	807	Austin	Simon	Glaxo Hoad Hill Harriers		M	
72	00:20:33	176	Batty	Steven	Walney Wind Cheetahs	V60	M	
73	00:20:33	817	Mcallister	Will			M	
74	00:20:36	173	Allan	Stuart	City of Lancaster Tri	V50	M	
75	00:20:36	945	Young	Daniel	Sedbergh SRC	U18	M	
76	00:20:39	904	Norman	Sophie	Sedbergh SRC	U18	F	
77	00:20:40	944	Wilson	Seb			M	
78	00:20:41	193	Croft	Will	Sedbergh SRC	U18	M	
79	00:20:42	188	Chinn	Xander	Sedbergh SRC	U18	M	
80	00:20:45	808	Ohare	Charlie	Walney Wind Cheetahs		M	
81	00:20:48	889	Jennings-Adams	Saoirse			F	
82	00:20:58	893	Keifi	Adel	Walney Wind Cheetahs	V40	M	
83	00:21:00	960	Singleton	Amy	Walney Wind Cheetahs	V40	F	CR FV40
84	00:21:00	922	Singleton	Calvin	Millom Striders RC	U18	M	
85	00:21:00	993	Bellierdecaulmyn	Edouard	Sedbergh SRC	U18	M	
86	00:21:05	934	Walker	Tony	Otley AC	V60	M	
87	00:21:06	942	Willacy	Peter	Barrow & Furness Striders AC	V65	M	CR MV65
88	00:21:12	804	Booth	Lauren	Glaxo Hoad Hill Harriers		F	
89	00:21:15	898	McCarthy	Tony	Warrington AC	V60	M	
90	00:21:17	800	Booth	Daniel	Glaxo Hoad Hill Harriers		M	
91	00:21:19	932	Travis	Heather	Glaxo Hoad Hill Harriers	V45	F	
92	00:21:24	864	Elliston	Harry	Sedbergh SRC	U18	M	
93	00:21:25	919	Sayer	Oliver	Sedbergh SRC	U18	M	
94	00:21:26	190	Cosgrove	Ruby	Sedbergh SRC	U18	F	
95	00:21:29	974	Scott	Leanne	Leven Valley AC	V40	F	
96	00:21:32	886	Imison	Michael			M	
97	00:21:33	966	Smith	Neil	Leven Valley AC	V50	M	
98	00:21:34	989	Oliver	Micheal			M	
99	00:21:35	791	Mcnally	Liz	Leven Valley AC	V50	F	
100	00:21:36	899	McGurk	Stuart	Kendal AC	V60	M	
101	00:21:37	894	Kinloch	Gwen	Burden RR	V60	F	
102	00:21:38	964	Richards	Mark	Walney Wind Cheetahs	V55	M	
103	00:21:38	920	Sharp	William		V65	M	
104	00:21:39	970	Cotton	Joe		V50	M	
105	00:21:40	917	Sancar	Elif	Sedbergh SRC	U18	F	
106	00:21:42	192	Cresswell	Kit	Sedbergh SRC	U18	M	
107	00:21:45	999	Blackburn	Robert	Walney Wind Cheetahs		M	
108	00:21:46	946	Mcleod	Joanne	Glaxo Hoad Hill Harriers	V55	F	CR FV55
109	00:21:48	947	Murray	Henry	Leven Valley AC	U18	M	
110	00:21:52	902	Morton	Honor	Leven Valley AC	V45	F	
111	00:21:56	191	Cosgrove	Ruby	Sedbergh SRC	U18	F	
112	00:21:56	878	Henderson	Peter	Torbay AA		M	
113	00:22:02	873	Harrison	Betsy	Sedbergh SRC	U18	F	
114	00:22:19	895	Lambert	Esther	Helm Hill Runners		F	
115	00:22:22	883	Horrocks	Philip	Walney Wind Cheetahs	V55	M	
116	00:22:26	865	Felton	Dickie		V50	M	
117	00:22:31	805	Maggio-Poyntz	Karen	Walney Wind Cheetahs	V50	F	
118	00:22:38	976	Roberts	Stephen	Kendal AC	V50	M	

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119	00:22:40	890	John	Ade	Black Combe Runners	V60	M	
120	00:22:40	941	Wells	Bob	Bedford Harriers	V75	M	CRMV75
121	00:22:55	939	Wells	Grace	Sedbergh SRC	U18	F	
122	00:22:59	870	Gibson	Ian			M	
123	00:22:59	784	Conway	Keith	Glaxo Hoad Hill Harriers	V50	M	
124	00:23:00	930	Thomas	Patrick	Glaxo Hoad Hill Harriers	V70	M	
125	00:23:05	950	Jennings-Adams	Stevie	Millom Striders RC		F	
126	00:23:17	875	Hearld	Jemima	Sedbergh SRC	U18	F	
127	00:23:20	821	Howard	Deborah	Furness Fell Runners	V50	F	
128	00:23:21	998	Kenny	Steve	Hoad hill Harriers	V50	M	
129	00:23:28	813	Rigg	Annie	Millom Striders RC		F	
130	00:23:30	955	Leadbetter	Stephen	Leven Valley AC	V40	M	
131	00:23:30	871	Gray	Natasha	Glaxo Hoad Hill Harriers		F	
132	00:23:31	983	Callister	Janice	Walney Wind Cheetahs	V55	F	
133	00:23:32	943	Wilson	Jack	Sedbergh SRC	U18	M	
134	00:23:33	810	Clark	Hazel	Kendal AAC	V40	F	
135	00:23:34	909	Rastelli	Rob		V55	M	
136	00:23:35	914	Riley	Siobhan	Glaxo Hoad Hill Harriers	V50	F	
137	00:23:38	938	Warby	Matthew		V45	M	
138	00:23:47	887	Irwin	Ollie	Sedbergh SRC	U18	M	
139	00:23:50	891	Jones	Ian	Walney Wind Cheetahs	V65	M	
140	00:23:59	910	Rawlinson	Dave	Walney Wind Cheetahs	V45	M	
141	00:24:08	197	Dowker-Thompson	Susan		V50	F	
142	00:24:08	911	Read	Rachel	Millom Striders RC	V55	F	
143	00:24:26	912	Richardson	Chris	Walney Wind Cheetahs	V55	M	
144	00:24:27	787	Quirk	Edward	Hoad hill Harriers	V45	M	
145	00:24:31	818	Molloy	Nicola			F	
146	00:24:32	885	Howie	David	Walney Wind Cheetahs	V75	M	
147	00:24:34	788	Benn	Colin	Millom Striders RC	V70	M	
148	00:24:37	905	Park	Carol	Walney Wind Cheetahs	V55	F	
149	00:24:47	969	Cotton	Charlie		U18	M	
150	00:24:53	803	Brown	Jessica	Sedbergh SRC	U18	F	
151	00:24:54	178	Blakey	Maria	Walney Wind Cheetahs	V65	F	
152	00:24:56	978	Jones	Becky		V55	F	
153	00:25:08	819	Chesher	Glenn			M	
154	00:25:18	908	Preston	John		V50	M	
155	00:25:18	876	Hemsley	Andrew	Walney Wind Cheetahs	V55	M	
156	00:25:23	937	Warburton	Andy	Burnden RR	V60	M	
157	00:25:26	988	Kilkenny	Jo	Ambleside AC	V40	F	
158	00:25:29	881	Higgins	Michael	Tyne Bridge Harriers	V70	M	
159	00:25:31	796	Cowgill	Frazer			M	
160	00:25:32	798	Oldham	Colleen	Leven Valley AC	V40	F	
161	00:25:36	187	Cass	Abigail	Sedbergh SRC	U18	F	
162	00:25:36	949	Cooke	Ashley		V65	M	
163	00:25:41	900	Mckeown	Frank	Glaxo Hoad Hill Harriers	V50	M	
164	00:25:46	965	Barwell	Julia	Millom Striders RC	V45	F	
165	00:26:01	862	Edwards	Robbie	Walney Wind Cheetahs	V70	M	
166	00:26:05	994	Stubbs	Abby		V40	F	
167	00:26:10	901	Morris	Carol	Walney Wind Cheetahs	V60	F	
168	00:26:17	792	McNulty	Alan		V45	M	
169	00:26:18	981	Moore	Chris		V40	M	
170	00:26:20	184	Brown	Carolyn		V50	F	
171	00:26:24	785	Palmon	Christopher	Walney Wind Cheetahs	V60	M	
172	00:26:34	872	Gummett	Henry			M	
173	00:26:44	916	Ruane	Lucy-Anne		V50	F	
174	00:26:45	962	Brocklebank	Thomas	Millom Striders RC	V55	M	
175	00:26:47	928	Sutton-Riley	Jacqui		V50	F	
176	00:26:54	927	Sterne	Sophie	Sedbergh SRC	U18	F	
177	00:27:03	175	Bagley	Brenda	Walney Wind Cheetahs	V65	F	
178	00:27:06	186	Calvert	Lynne		V50	F	

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179	00:27:38	996	Tyson	Deborah	Millom Striders RC	V45	F	
180	00:27:44	935	Walker	Alex			F	
181	00:28:06	194	Crow	Heather	Millom Striders RC		F	
182	00:28:47	961	Chapple	Kerry	Millom Striders RC		F	
183	00:28:47	971	Johnson	Steven	Millom Striders RC	V65	M	
184	00:29:01	794	Ryan	Emma		V45	F	
185	00:29:10	929	Thexton	Chris		V45	M	
186	00:29:16	979	Bell	Tracy		V50	F	
187	00:29:28	880	Herdman	David	Millom Striders RC	V60	M	
188	00:29:52	869	Fleming	Val	Walney Wind Cheetahs	V65	F	
189	00:30:10	980	Cooper	Anna		V40	F	
190	00:30:52	963	Cairns	Karen	Millom Striders RC	V50	F	
191	00:33:50	863	Ellis	Jo-Ann		V45	F	
192	00:33:50	990	Gunning	Mark		V55	M	
193	00:40:02	809	Ohare	Claire	Walney Wind Cheetahs	V50	F	
194	00:47:07	977	Hirst	Robert	Clayton Harriers	V70	M	
195	00:51:59	926	Stansfield	Ian	Todmorden Harriers	V80	M	
196	00:53:00	1000	Sherratt	Hannah			F	
197	00:53:00	783	Campbell	Colin	Barrow & Furness Striders AC	V55	M	
198	00:53:00	879	Herbert	Paula	Glaxo Hoad Hill Harriers	V55	F	