

PJ MILE COURSE RECORDS (lollipop route) as at 8 May 25

CAT	EVENT	NAME	CLUB	TIME
M	2025	Matthew Wall	Leven Valley	00:04:42
F	2024	Penelope Boyle	Leven Valley	00:05:10
MU18	2025	Sam Fisher	Walney Wind Cheetahs	00:05:11
FU18	No record	Penelope Boyle	Leven Valley	00:05:10
FV35	No record			
MV40	2025	Richard Greenfield	Glaxo Hoad Hill Harriers	00:05:36
FV40	2024	Amy Singleton	Walney Wind Cheetahs	00:06:15
MV45	2024	Richard Wilson	Kendal AAC	00:04:53
FV45	No record			
MV50	2024	Ronnie Haddow	Furness Fell Runners	00:05:40
FV50	2024	Heather Travis	Glaxo Hoad Hill Harriers	00:06:27
MV55	2024	Ian Sadler	Walney Wind Cheetahs	00:05:37
FV55	2024	Joanne McLeod	Glaxo Hoad Hill Harriers	00:06:48
MV60	2024	Ken Lamb	Glaxo Hoad Hill Harriers	00:06:37
FV60	2025	Carol Park	Walney Wind Cheetahs	00:07:35
MV65	2024	Neil Ward	Glaxo Hoad Hill Harriers	00:06:48
FV65	No record			
MV70	2025	William Sharp	Walney Wind Cheetahs	00:06:47
FV70	No record			
MV75	2025	Dennis Metcalfe	Glaxo Hoad Hill Harriers	00:07:04
FV75	No record			